



THE HOME WHISPERER *Environmental Healer*

"When we are in alignment with our purpose, the universe will roll at our feet." -Kafka

RE*NEW

The altar of the heart and hearth is easily created. A book, a niche, a table, even a closet can be re*newed into an altar space, a place where solitude enables you to hear the quiet. As stated in Chapter 25, Self-Cultivation and Knowledge (page 194), you learn that meditation promotes tranquility, grounding and nobleness. Wisdom is fostered from within and enables you to deepen your intuition or "knowings." Your ideas have value and YOU MATTER! Create an altar ~ **Re*new** your heart and hearth, honoring the antiquity of your soulful-ness and the infinity of your sacredness.

