



THE HOME WHISPERER *Environmental Healer*

"When we are in alignment with our purpose, the universe will roll at our feet." -Kafka

RE*INVENT

The art of re*inventing yourself begins on page 31 - the chapter titled, The Field of Intention. As you clearly define and refine who you want to be, where you want to live, how you want to connect the dots between crafting or re*inventing your life into an art form, you may also think of the butterfly.

First there is the cocoon stage, where re*inventing or transforming your world for the better is born. It begins with positive thoughts (the egg stage), because this is where an idea, value of life system, and/or your intentions (re*inventions) are born. The larva stage is where you create positive ideas and you train yourself to be receptive to 'flashes of genius' where brilliant ideas are not only born, but where the strength to realize them is in attendance.

What follows is the shimmering awe of life itself, lived within the energy of kindness, belief, compassion, re*invention, self-forgiveness, peace of mind/heart and acceptance of others. These energies enable the crystallization process. In this chrysalis phase, your higher self can easily move forward.

And finally, the stage of actually transforming all of these changes/re*inventions into the physical - they are formed and developed. For just like the butterfly, you can now spread your newly formed wings bringing beauty to not only your world, but also the world around you. Through this beauty, healing goes forth, transforming everything in your life. Your perspective will be imbued with the gift of seeing through the eyes of love.

Re*invention... transformation equals letting go of the cocoon or symbolic patterns that no longer serve you and stepping into the butterfly's brilliance. Re*invention and Intention are soul mates.

